HEALTH & HEALING

FROM DISEASE TO AT EASE

To some has been given the gift of healing (I.Cor.12:9).

There are three points to be aware of in the process of healing:

A. Choosing healing. (That you are willing to heal & accept God's power.)
B. Receptive to healing. (Be open to healing & accept the flow.)
C. Accepting healing (Realize that yon are healing & then be healed.)

I. Healing is a science with responsibility, and there is no body on the earth who can heal you but you. God has given you the power and capacity to heal yourself.

2. Health is the un-hindered expression of life moving through the body, mind, and heart.

3. The word "Doctor" means "teacher", the one who gets down to the nuts & bolts of the situation, and explains to the patient where his basic problem is.

4. It's normal to be healthy and life is easy & joyful, rather than to be sick and make life a struggle.

5. It's unusual that people go to doctors to get well, yet they think it's normal to be sick. If it's normal to be sick, then why go to a doctor in the first place?

6. No one lives forever; therefore, death is not the issue, life is. Death is not a failure, however, not choosing to take on the challenge of life is.

7. Health is tied up inexorably to the fulfillment of purpose to contribute and to give.

8. Healing is the wonder of life to be explored and we are here at Creative Health to remind you to help facilitate the process. The healing power will spring forth from within by going through the healing process you also strengthen your immune system, and that will make you safe from disease and not susceptible to sickness.

9. You do what you ought to do, and not what you want to do.